

DRAFT CCH III

|

MEN TAL HEALTH

GOAL: Improve and maintain the mental health of the Caribbean Population

OBJECTIVE/PURPOSE: Mental Health Services in Member States Strengthened

| SUB-PRIORITIES | OBJECTIVES/PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|--|--|---|---|-----------------------------|---|---|---|---------------|
| <p>1. Development of a Regional Mental health Policy and Action Plan and Legislation.</p> | <p>1.1 To strengthen the mental health strategic planning process in the region.</p> <p>1.2 To support the establishment of national policies, programs and legislations</p> | <p>1.1.1 Update and finalize national I strategic plan for mental health in the context of the Regional Mental Health Framework</p> <p>1.2.1 Review and revise MH policy, legislation and plans</p> | <p>1.1.1.1 A document outlining the national strategic objectives and priority areas for action by 2009</p> <p>1.2.1.1 A document detailing identified gaps in policy, legislation and plans for all Member States developed by</p> | | <p>Development of regional mental health policies and plan.</p> <p>Development of legislation and human rights compatible with regional & international standards and current mental health norms</p> | <p>CCS PAHO UWI</p> <p>CCS PAHO UWI – Faculty of Law & Psychiatry</p> | <p>Mental health services in the Caribbean have traditionally centered around mental hospitals where the primary treatment focus was custodial care. However since the mid 1970s through various health sector meetings recommendations have been made to move towards the introduction of community mental health services. Further in the 2001 Nassau Declaration the CARICOM</p> | |

| SUB-PRIORITIES | OBJECTIVES/ PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|----------------|---|--|--|-------------------------|--|--------------|--|--------|
| | 1.3. To increase the evidence for decision making in Mental Health programs | 1.3.1 Mental Health Information system established, integrated into the general health system. | <p>December 2008</p> <p>1.2.1.2. Revised mental health policies, plans and legislations in place in all Member States by 2011</p> <p>1.3.1.1 Reports, survey produced on incidence and prevalence of select mental health conditions in all countries by 2010</p> <p>1.3.1.2 documents on utilization of</p> | | <p>Define regional indicators for monitoring mental health wellness and disabilities.</p> <p>Organise mechanisms for completeing the WHO Mental Health Atlas</p> <p>Develop regional</p> | | <p>Heads of Government identified mental Health along with Chronic Non-Communicable Disease and HIV/AIDS for priority action in the health sector. This recognition was highlighted because of the impact these conditions would have on the development of the region. During the ensuing years several efforts were made with the support of the PAHO/WHO, national governments and the CARICOM Secretariat to devwelop a regional mental health plan to guide</p> | |

| SUB-PRIORITIES | OBJECTIVES/PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|---|--|---|--|----------------------|---|-------------------------------|---|--------|
| | | | mental health services by defined parameters in all countries by the end 2009 | | support mechanism for review and analysis of national information | | national programs and conduct various capacity enhancement initiatives. Only a few countries have made any significant progress | |
| 2. Reform of mental health services. | 2.1 To develop Regional guidelines and protocols for code of ethics, continuum and standards of care for the | 2.1.1. Regional guidelines and protocols for code of ethics, continuum and standard of care and treatment for | 2.1.1.1 Document stating Code of Ethics and national standards and continuum of care developed | | Recommendations detailing gaps and actions to be taken to be circulated by CCS Development of a common code of | CCS CCS PAHO UWI | | |

| SUB-PRIORITIES | OBJECTIVES/ PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|----------------|---|--|--|-------------------------|--|--|---------------|--------|
| | <p>treatment of mental disorders.</p> <p>2.2 To support the integration of community mental health and primary health care programmes and services.</p> | <p>mentally ill adapted for national application</p> <p>2.2.1 integration of mental health and primary care and the training of primary care staff in mental health.</p> | <p>and disseminated by end 2009</p> <p>2.2.1.1 Mental health services fully integrated into primary health care in all Member States by 2010.</p> <p>2.2.1.2 80% of primary care staff trained in mental health by 2010.</p> | | <p>ethics</p> <p>Development of common standards of care</p> <p>Utilization and dissemination of existing training modules for primary care and experiences within the region</p> <p>Develop guidelines and recommendations Provide training for de-institutionalization of mental health facilities.</p> <p>Develop and disseminate common training modules</p> | <p>CCS PAHO UWI CHRC</p> <p>CCS PAHO UWI</p> | | |

| SUB-PRIORITIES | OBJECTIVES/ PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|----------------|---|---|--|-------------------------|---|--------------|---------------|--------|
| | 2.3 To develop and improve the competencies in the health work force to appropriately and effectively care for the mentally ill and substance abusers in the community. | 2.2.2 Community-based mental health care available in each country of the region 2.3.1 Increased capability and competencies in the health work force to appropriately care for the mentally ill and substance abusers in the community. | 2.2.2.1 Each country will have services decentralized care available for the mentally ill by 2010 2.2.2.2 25% reduction in population of mental hospitals in Member states by 2012. 2.3.1.2 Mental health training incorporated into the basic training curricula health professionals in all countries by 2012. | | Sharing successful de-institutionalization experiences Guidelines for developing human resource plan in mental health developed and circulated by end 2008 | | | |

| SUB-PRIORITIES | OBJECTIVES/ PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|--|--|---|--|-------------------------|---|---------------------------------------|---------------|--------|
| | 2.4 To improve the quality of mental health care. | 2.4.1 Mental health audit instrument reviewed and adopted for utilization | 2.4.1.2 Mental health audit implemented in all Member States by 2011. | | Development of Medical Audit instrument and guidelines for monitoring quality of care | | | |
| 3.Management and care of vulnerable or at-risks mentally ill people including Substance Abusers | 3.1. Establish needs-based programs and interventions for at-risk populations. | 3.1.1 Guidelines for the development of interventions/ centres for at-risk populations adopted and adapted at national levels 3.1.2 Needs base programmes/inter ventions for at risk populations implemented | 3.1.1.1 Data base of homeless mentally ill persons and substance abusers developed by 2010 3.1.2.1 Substance abuse prevention and control component included in national mental | | Develop regional guidelines for the establishment and implementation of needs-based interventions centres for homeless or other vulnerable mentally ill individuals, including substance abusers Define and disseminate best practices already available in the region Pilot projects for | UWI PAHO CCS UWI PAHO | | |

| SUB-PRIORITIES | OBJECTIVES/ PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|----------------|------------------------|---|--|-------------------------|---|--------------|---------------|--------|
| | | 3.2.2 Mental Health Programs established for special population | <p>health plans and programs of 50% of countries by 2012</p> <p>3.2.2.1 Child and adolescent guidance and counseling clinics developed in 50% of countries by 2010</p> <p>3.2.1.2 Program developed to enhance services geriatric population for mental disorders in 100% of countries by 2013</p> | | <p>vulnerable groups</p> <p>Standardised instruments develop and used to screen children and adolescents for mental disorders in</p> <p>Develop feasible models of care for child and adolescence mental health in the region</p> | UWI PAHO | | |

| SUB-PRIORITIES | OBJECTIVES/ PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|--|--|---|--|-------------------------|--|-----------------------------|---------------|--------|
| <p>4. Public Information, Education and Communication</p> | <p>4.1 To develop and implement information, education and communication strategies related to mental health</p> | <p>4.1.1 Programs in place to address stigma and discrimination against persons with mental disorders</p> <p>4.1.2 Consumer and family groups formed as part of advocacy strategy for mental health</p> | <p>4.1.1.1 KAP study on mental health issues conducted in 10 countries by 2010</p> <p>4.1.1.2 Anti-stigma campaigns developed and conducted in at least 10 countries by end 2012</p> <p>4.1.1.3 Competence based training to 100% of health care workers, based on their needs assessment in at least 10 countries by 2012</p> | | <p>Development of communication strategies and advocacy messages</p> | <p>CCS PAHO OAS</p> | | |

| SUB-PRIORITIES | OBJECTIVES/ PURPOSE | NATIONAL EXPECTED RESULTS | INDICATORS | BASELINE INFORMATION | OPPORTUNITIES FOR JOINT REGIONAL ACTION STRATEGIES | INSTITUTIONS | JUSTIFICATION | BUDGET |
|----------------|------------------------|---------------------------------|--|-------------------------|--|--------------|---------------|--------|
| | | | <p>4.1.2.2 Blueprint for advocacy for mental health promotion and standards developed and disseminated by end 2010</p> | | | | | |

